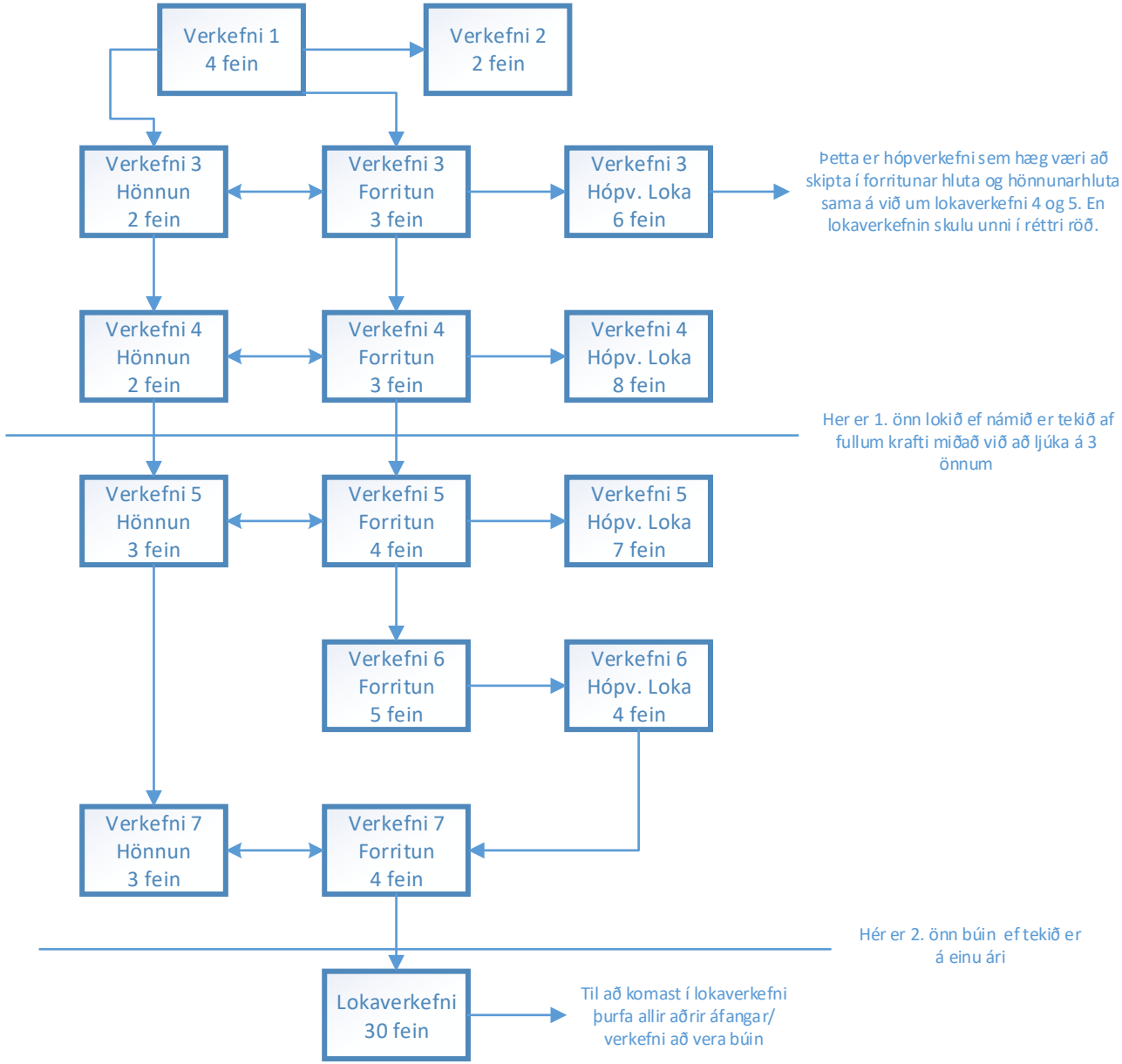VEFÞRÓUN 2020